



# PE and Sport at Kilmorie

*'Leaders are ambitious about developing high-quality sports experiences for pupils.' Ofsted 2017*

PE is continuing to be a strength at Kilmorie. There are a wide variety of opportunities for the children to develop their skills both inside and outside the classroom.

## THE CURRICULUM AND CLUBS

As last year, I conducted a questionnaire for the staff to identify any areas that they felt they needed more development with. As a result our PE focus for this year is Dance! Working closely with Daisy, a local provider of sport into schools has been secured to work with all teachers and their classes at some point throughout the year to help develop their skills and expand ways that dance is taught.

Yoga is another identified area and staff will have further development later in the term. During yoga lessons there is a focus on stretching, breathing and relaxation. We hope this will help the children learn how to help themselves if they are feeling stressed. The mental and physical health of your children continues to be a priority in our school.

Earlier this term we had a visit from a coach from Beckenham Tennis Club who worked with children from Reception to Year 2. Any of those children who are interested in pursuing tennis outside of the curriculum can contact the club directly, or they can look out for an after school enrichment club we are working on offering.

We are working with a local football training provider to secure some football sessions after school and we have applied for some funding from the Perry Vale Assembly Fund. The night of voting for your favourite project is Thursday 2nd November and is being held right here at Kilmorie School. Please do come along and vote for our proposal and any of the other projects that will affect you as a local resident. Voting is between 7-9.

If you have a budding footballer at home have a look at the following site for lots of ideas and links: <https://forgirls.thefa.com>

## THE END OF LAST YEAR

I hope you will all agree that sports day was a real success. Thank you to all the parents who came to support us and your children. It is great to see the children getting so much physical exercise and really enjoying it too. It is also really important to allow the children opportunities for competition.



## UP AND COMING

- Annual inter and intra-school speed bounce competition
- Monday night football will continue with matches against schools such as Haseltine, Rathfern, Fairlawn and more
- The daily mile will continue to be enjoyed by children from Reception to year 6
- Please remember to sponsor your child for the school marathon to raise money for our School Council charity Barnardo's





Not only did we have a great day of sporting events, we also managed to raise a massive £683 for our School Council charity Barnardo's through the sponsored chest push event. Thank you so much to all those parents who helped raise that money. This was also part of an inter-school competition. Many Kilmorie children won either gold, silver or bronze. Look at the winners board near reception to find out who.

Monday night football continued for the Year 3/4 teams up to the end of the term. There was a cricket competition for the Year 4 children and a high-five competition for the Year 5/6 team.

Thanks to the School Council organisers there was also an inter-year sports competition for each of the Upper Phase year groups. Year 6 had a basketball competition, while it was hockey for Year 5 and cricket for Year 4. Each event was really well supported by the classes and the children involved had great fun!

## PREMIER LEAGUE

Fabulous news! Kilmorie are celebrating after being awarded a Premier League Primary Stars equipment pack. The pack contains a range of resources that can be used throughout the school including cones, bibs, hoops, pop up goals and much more. I know Jane was especially excited as she is so keen to use it with her football clubs!

The Kit and Equipment Scheme forms part of the Premier League Primary Stars offer to primary schools in England and Wales. It is a curriculum-linked education programme that uses the appeal of the Premier League and its clubs to inspire children to learn, be active and develop important life skills. Delivered by the Football Foundation, the Premier League Primary Stars Kit and Equipment Scheme gives teachers a range of equipment that can be used across different curriculum areas to get children active.

If your child has represented the school at any time and you think you might have some of our sports kit, please could you make sure you return it ASAP as we no longer have a full kit. Alternatively if you would be interested in helping supply the school with a new sports kit in return for some sponsorship, please contact me directly or leave a message with the school office.

## OUTSIDE SUPPORT

We have continued to be supported with sports fixtures and the curriculum by Glen, a sports coordinator who works with a number of the local schools. She led CPD sessions for the whole teaching staff on gymnastics and worked with individual teachers too. This year she is due to train up the first lot of buddies who will be working closely with Jane and Louise at lunchtimes.

After a false start or two, we had great support from the Football Association who came in to work with our Year 2 children and staff leading half a term of football training, which was enjoyed by them all!

