



PE and Sport at Kilmorie

'Leaders are ambitious about developing high-quality sports experiences for pupils.' Ofsted 2017

What a busy term we have had, everywhere I look there seems to be PE and sport—it is fantastic!

THE LUNCHTIME CLUBS

Within the last term lunchtimes have got busier and busier. Jane has of course continued to provide sessions in the cage for all children. Some of the older children have been helping out with activities in the cage for the younger children and we even have our daily rota of Year 6 buddies. The buddies have been trained to help organise and run activities for the younger students and can be seen in the playground between 12:30 and 1:00 daily.

In addition to this, I have applied for and been awarded funding for two clubs. Thank you to all those people who came to the Perry Vale assembly and voted for Kilmorie to have funding for a joint project with Perrymount Primary school to get more girls playing football. The girls are loving the club and really benefitting from all the extra hours of training.

In addition to this, we have recently secured funding from TeamUp (a charity that focusses on improving sports participation, specifically in hockey, netball and cricket) for several hours of high-5 netball training. We are taking advantage of this time by running two lunchtime clubs on a Wednesday for the Year 3/4 and 5/6 girls. Let's hope this improves our chances in the annual end of year high-5 netball competition.

As well as this, and in conjunction with the work we have been doing with the Premier League, we have also been providing multi-sports sessions, which have included football, dodgeball and more!

CHARITY WORK

Thank you very much for the huge amount of support for the charity work we have done in the form of a marathon. Each class was allotted a distance to run, which, when added together equalled the length of a marathon. The children and teachers could be seen running in either the playground or around the block on 8th November. Thanks to the hard work of the children and your generosity we raised a massive £1,100 for the school council charity Barnardo's.



UP AND COMING

- Annual inter and intra-school skipping competition
- The Monday night football league is continuing, but this term it's the turn of the girls!
- Year 5 children will be entering a dance competition later this term and will be performing at The Broadway Theatre on 13th March
- Look out for Sports events that will be advertised by Friends of Kilmorie to raise money for this year's Sports Relief and make sure you are ready to don your gym gear!





PREMIER LEAGUE

The Premier League just keeps on giving. In the last newsletter, I reported the great news that the school had been given a Premier League Primary Stars equipment pack, which included all sorts of apparatus that has been used within the school day and for some clubs. Since then, representatives from the Premier League visited the school to see what else they could provide for us. It seems like it just keeps coming.

All four Year 4 classes (split over the two half terms) have had the chance to work with Nicola, who is based at Millwall, but works for the Premier League. Although the vehicle through which the sessions were taught was football, the series of lessons was about much more than just football. The children were encouraged to develop leadership skills with adults present, but without their intervention. Thus encouraging independence and leadership, and aiding them with the ability to self-regulate their behaviour: children were responsible for their own teams; devising their own warm-ups; running their own matches and sorting out any disagreements themselves. This does of course tie in nicely with our Kilmorie Qualities and the work we have been doing with restorative thinking.

Daniel, also from the Premier League, came in to work with the Year 5 children. Their programme of study was slightly different as theirs was much more linked to Science. They learned the skills of handball and dodgeball, but alongside this they had time in the classroom where they looked at how to keep themselves healthy. This was linked to the science of the body and what they should be eating as well as the exercise they should do in order to keep fit and well.

As well as all this, Daniel has been running a lunchtime club of multi-sports and another member of their team has been working with Jane's Wednesday afterschool football club.

Within the next term or so, there will be training opportunities for all the staff, as well as each of the Year 4 classes competing in an intra school competition and spending a day visiting Millwall for a day of learning that is just a little bit different.

GAMES MARK

I am pleased to announce that thanks to all the hard work of the staff and children at Kilmorie, we were awarded the Bronze Games Mark.

The School Games Mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Participating in this process allows schools to evaluate their PE provision and assist them in developing an action plan for future progress.

This year we are aiming for silver!

