



NEXT WEEK IS WALK TO SCHOOL WEEK 20TH – 24TH MAY 2019

Get ready for Walk to School Week, which starts on Monday. We want to help create a new walking generation by getting your support to get our children (and parents) to make walking to school their natural choice.

It is not only a great form of exercise but it also helps children arrive at school refreshed, fit and ready to learn after a brisk walk.

Leave the car at home to help reduce air pollution, carbon emissions and traffic to make our world better. If you live far from school then consider driving half way and walking the other half or even 10 minutes of your journey.

Check out the Living Streets website <https://www.livingstreets.org.uk/walk-to-school> for more ideas on ways to get you and your family walking.

**Fact: 70% of us walked to school a generation ago – now it is less than half!
We need to reverse this decline – so start a walking routine today!**

