

Understanding of the World

- Blowing bubbles
- Make bread or pizzas for the family to share.



- Read information books on frogs, chicks and butterflies.
- Hunt for the bugs in the garden.
- Use Nature detectives for lots of exciting activities to do at home:
<https://naturedetectives.woodlandtrust.org.uk/naturedetectives>
- Planting seeds such as cress—and watching them grow.
- Look at science experiences for Early Years:
<https://www.firstdiscoverers.co.uk/early-years-science-activities-eyfs>
- Observe the weather each day and make a weather chart.
- Make a family tree—who is in your family..
- Freeze small toys in ice—and work out how to get them out of the ice.
- Make a rainbow of skittles sweets around the edge of a small plate—add warm water and watch a rainbow appear.
- Look for different sorts of ICT in your home, e.g. microwave, remote control, phone, etc.
- Make seed bombs for birds by mixing seeds with clay to make a small ball. Dry them out and wrap to give as presents. Make a label to attach.

Expressive Arts and Design

- Dancing to music—use scarves
- Sing familiar songs and make up your own words to nursery rhyme tunes
- Make shakers with pasta, rice or lentils in pots
- Make your own paint with shaving foam or coloured ice
- Make props for your favourite story and act it out together



Useful websites for other ideas

Nuturestore: <https://nuturestore.co.uk/>

Oxford Owls: <https://www.oxfordowl.co.uk/for-home/advice-for-parents/fun-ideas-learning-at-home/>

The Imagination Tree: <https://theimaginationtree.com/>

Crafty ideas: <https://www.happinessishomemade.net/quick-easy-kids-crafts-anyone-can-make/>

Kilmorie Primary School
Kilmorie Road
London SE23 2SP
020 8291 1250
www.kilmorieschool.co.uk



Activities to try at home

We have made a list of activities to try at home for the seven areas of learning of the Early Years Foundation Stage.

Many of these activities should be able to be done without needing to buy any resources. We have tried to make them open and flexible.

This is not a tick list for you to work down, choose your favourites and do them as many times as you like—repeating them is good!

Headteacher: Elisabeth Stone

Personal, Social and Emotional Development

- Massage—pretend to make a cake or build a pizza on your partner's back
- Share stories—retell and act them out
- Make bread together
- Chop the vegetables for dinner together
- Give your children responsibility to help with household chores—spray the window cleaner and clean the window is a favourite!
- Look at Cosmic Kids Yoga on You Tube and join in together
- Sharing a family meal and talk about your day

Physical Development

- Threading pasta onto wool or string
- Water play in the bath—scooping, pouring and measuring
- Design a treasure hunt around the house
- Junk modelling
- Make playdough together. Here's how: <https://theimaginationtree.com/best-ever-no-cook-play-dough-recipe/>
- Musical movement games—like musical statues
- Lego and block play. Plan to build something and see if you can follow your plan
- Make sensory trays with shaving foam, soap, jelly, etc
- Painting with water in the garden
- Phonics and dancing with Boom Shake the Alphabet <https://www.youtube.com/watch?v=Emb2yvwAHtc>
- Rough and tumble play

- Building dens and tunnels with blankets and under tables
- Watch episodes of 'Come Outside' on YouTube

Communication and Language

- Storytelling with homemade puppets—use old socks, lolly sticks and straws
- Singing nursery rhymes and action songs, such as Simon Says
- Make music with saucepans and pots
- Play guessing games—such as think of an animal and model giving clues to help your child guess the animal
- Play board games
- Make up imaginative scenarios with stuffed toys
- Learn to sign the Makaton Sign of the Week <https://wetalkmakaton.org/>
- Make up jokes

Maths

- Pairing socks—how many pairs? What else comes in pairs?
- Playing Snakes and Ladders
- Bigger and Smaller games—describing the 3 Billy Goats Gruff or using Goldilocks
- Add numbers to pegs and then help your child to order them, are there any missing numbers?
- Measuring ingredients to cook/help make meals
- Sing number songs, such as 5 currant buns or Everybody Get Up counting song <https://www.youtube.com/watch?v=aKvgwVAGSgw> There are many other number songs on YouTube. The children love the Big Number Song <https://www.youtube.com/watch?v=e0dJWfQHf8Y>
- Sort toys by colour or shape; encourage children to

talk about what criteria they used

- Sort coins; set up your own shop!
- Build train tracks in different shapes
- Build towers from blocks—how many blocks did you use? Can you use the same blocks to build a different tower?
- Make a bowling game with toilet rolls (if you can find any!) and keep score
- You can find online maths games on: <https://www.topmarks.co.uk/maths-games/3-5-years/>

Literacy

- Share story books everyday and talk about what is happening on each page
- Reception children can read books on their BugClub account <https://www.activelearnprimary.co.uk/login?c=0>
- Look at the sounds sent home
- Play some games on Phonics Play <https://www.phonicsplay.co.uk/> and ICT Games <https://www.ictgames.com/mobilePage/literacy.html>
- Make a shopping list
- Keep a diary
- Sing the Tricky Word songs
Phase 2: <https://www.youtube.com/watch?v=TvMyssfAUx0>
Phase 3: <https://www.youtube.com/watch?v=R087IYrRpgY>
Phase 4: <https://www.youtube.com/watch?v=3NOzgR1ANc4>
- Play lotto games
- Hide an object in a mystery bag and give clues to what it might be
- Play I Spy with letter sounds
- Tap out syllables to break up your name on musical instruments