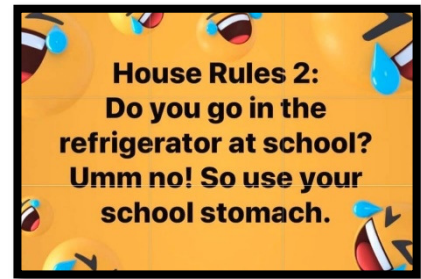


25th March 2020



Dear Year 4,

We hope you are all keeping well and the children are enjoying their time at home. Hopefully they are using their home learning packs and online resources to maintain their learning.

It is equally as important that everyone continues to get some daily exercise, the sessions that Joe Wicks is streaming daily on youtube are a great way to start your day, here is the link in case you've missed it.

<https://www.youtube.com/user/thebodycoach1>

Cosmic Kids Yoga is another good website to have a look at.

We have created a Year 4 Remote Learning Page with suggestions for things to do and there are more ideas on the Year 4 webpage and Kilmore website.

Remember any cooking/baking you do with the children is a DT lesson and you can also do many art projects at home using the plastic and food waste we normally throw away.

If your child learns an instrument, encourage them to keep up their daily practise and take the time to listen to them play.

Keep safe and do let us know if you need help with anything.

Best wishes,

The Year 4 Team

