

Friday 5th February 2021

Dear Kilmorie Community,

This will be the last newsletter of this half term, so I want to say a really big well done to you all for keeping it all going and continuing to support your children so well with their education. Please don't beat yourself up about what you may or may not be managing to do or get through, we know you are not teachers.

Remember at the moment 'good enough' is fantastic! We are all desperate to get back to school as soon as it is safe for our community to do so. Fingers crossed for a safe return as close to March 8th as we can get it.

This week has been Children's Mental Health week, which we launched with an assembly last Friday and an opportunity for a mental health day for your children yesterday. I hope you were able to take advantage of this and your children appreciated a day away from their screens. On our new wellbeing & family support page you will see a PowerPoint presentation with some pictures of the cake I mentioned in my assembly that I used to *Express Myself!*

February is LGBT+ month, so my assembly this morning was all about different families and respecting EVERYONE! Next week the teachers will also be discussing this in some of their lessons. More information will be sent by your child's teacher. Should you have any questions, please contact the class teacher. Our RSE policy is attached and can be found on the website [here](#) .

Thank you to the members of our community who have been so kind in donating money and devices for the school. We have loaned out all available laptops, which equates to approximately 25 and have donated 7 devices so far that had been donated to us. There are more families that would benefit from devices so if you or anyone you know, do have any at home that you think would benefit someone else, please get in touch with the school.

A big thank you to all the people who completed our [home learning questionnaire](#). You have until midnight tonight if you have not yet completed and would still like to.

In addition, our school has been selected to participate in a national survey about how children are learning at home and the impact lockdown-learning is having on family life. You will be asked a few questions each day and will be able to compare your answers to those of others the following day. If you would like to support us, and have your voices heard, please download and use a free survey app called Parent Ping. This would be very beneficial to the school to know what your thoughts are. If we get more than 60 parents sign up to participate we will receive a weekly summary of results from our school compared to others around the country. Should you like to find out some more information please see below:

- [Further information](#)
- [Parent leaflet](#)
- [Link to sign up](#)

When you sign in to the app for the first time you will be asked to write the school name: **Kilmorie Primary School** and for the first part of our postcode: **SE23**. Please do this carefully to ensure your answers are included.

Please continue to look after yourselves and each other.

Keep well

Kate

KEEPING KILMORIE CHILDREN SAFE

The BBC are running a live interactive broadcast lesson for Safer Internet Day
Date/Time: Tuesday 9th February – from 11am
Duration: 30 minutes
Location bbc.co.uk/livelessons (pdf attached)

If you are worried about a child's welfare and would like to talk to someone about it please contact us via:
safeguarding@kilmorie.lewisham.sch.uk

CALLING ALL BILINGUAL AND MULTILINGUAL FAMILIES

Are you feeling brave? We would love you to record yourself reading a story in another language that we could share with our community.

If you would like to do this please record yourself in landscape and send your recordings to info@kilmorie.lewisham.sch.uk



OUR WEBSITE!

Do please keep looking at our website for updated information and things that may help you.

Click [here](#) to see our documents on the home learning provision.

You can also find our brand new [wellbeing & family support](#) page.

We are going to be adding any half term schemes that are sent to us that you may be interested in. Please remember that these have not been vetted and we are not endorsing them, we are merely sharing information with our community. This can be found using the following link: [Community events](#)

SOMETHING TO SHOUT ABOUT

In conjunction with Children's Mental Health Week 2021 we have just launched a wellbeing & family support page on our website. You will find it under the parent tab. Here you will find tips for keeping yourself and your children mentally healthy as well as websites and contact details you may find useful.

If your children (or yourself) are finding the learning and other things overwhelming, please look at the resources on our [wellbeing & family support](#) page. If you would like to talk it through with someone, please feel free to contact Nicola on 07826 843655 who will be happy to help and be a listening ear.

Remember to keep being kind to yourself and others!

INSTRUMENTAL LESSON FEES – Payment Due Fees for the spring term have been added to Parent Pay. Please can parents remember to settle by Friday 12th February. Thank you.

CALLING ALL PARENTS!

We would like to invite your children to get involved in a London School, Footy Skill Challenge Competition open to 5-13 year olds and free to enter. All you have to do is register your child, upload a video of your child demonstrating a skill, balance or unique ball juggling or dribbling sequence. Each skill has to include 3 stages with a difficulty level of gold, silver and bronze.

Why do this, I hear you ask? Well during these difficult times it's a nice way for the children to get active and get involved in sports. Also the top 5 winning entries will receive a £50 sports kit voucher. The overall winner will be awarded a Football masterclass lesson, for their school assembly, from professional freestyler Jamie Knight. For more information and to sign up please click/tap [here](#). The deadline is Monday 22nd February 2021.

Once the videos have been uploaded and judged, Sports Society will collate all the children from our school and put together a video, which will be sent to Kate. Good luck and please get involved and show off your children's amazing talents!

Jane

PACKED LUNCHES Kilmorie encourages healthy eating. For children having a packed lunch at school, can parents please make sure your child has either a sandwich, wrap, pasta, rice or similar healthy food items. You could also include finger foods such as cucumber, carrots or fruit.

Change4Life have created some great recipes, including shopping lists which can be used to make lunches for around £15 each week, please visit the link: [Change4Life lunchbox ideas](#)

THE GREAT BIG ART EXHIBITION

If you are looking for ways to persevere through the pandemic, families and children are being invited to turn their front windows into art galleries by the artist Antony Gormley, to create **The Great Big Art Exhibition**. People everywhere and of all artistic backgrounds are being encouraged to take part.

It will be the nation's largest ever exhibition, a celebration of creativity to counter the gloom of the pandemic, said Gormley. People will be encouraged to draw, paint, sculpt, build or create their own artwork and put it up in their front windows, on their front door, balcony or garden. To take part and for further details you should visit: www.firstsite.uk.