

KAIGAISHII KARATE SCHOOL

AT KILMORIE PRIMARY SCHOOL



BEGINNERS CLASS
Available for Year's 2-6
Friday's at 8am
Sign up for Summer 2026!



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|  Self Defence |  Confidence |
|  Concentration |  Coordination |
|  Fitness |  Strength |
|  Respect |  Friendships |



Taught Professionally by Sensei Bethany McCloskey (4th Dan)
Over Twenty Five Years of Experience in Karate
DBS Checked, Fully Insured and First Aid Trained

**Trained by an Ex-England International and seven times
National Gold Medalist.**

**Part of the well-established Kaigaishii Karate Association with
schools all over South East England.**



For more information please call:
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Email: sensei_bethany_mccloskey@hotmail.com
www.kaigaishii-karateschool.co.uk

Facebook: Forest Hill and Dulwich Kaigaishii Karate School
Instagram: KaigaishiiForestHillDulwich

