Kaigaishii Karate School

At Kilmorie Primary School



BEGINNERS CLASS
Available for Year's 2-6
Friday's at 8am
Sign up for Spring 2027!

- Self Defence
- Confidence
- Concentration
- Coordination
- Fitness
- Strength
- Respect
- Friendships

Taught Professionally by Sensei Bethany McCloskey (4th Dan)
Over Twenty Five Years of Experience in Karate
DBS Checked, Fully Insured and First Aid Trained

Trained by an Ex-England International and seven times National Gold Medalist.
Part of the well-established Kaigaishii Karate Association with schools all over South East England.



For more information please call:
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Email: sensei_beth@kaigaishiikarate.co.uk
www.kaigaishii-karateschool.co.uk
Facebook: Forest Hill and Dulwich Kaigaishii Karate School
Instagram: KaigaishiiForestHillDulwich