




Welcome to our Year 1 Curriculum

In Year 1 we want to lay the foundations for lifelong learning





What are the Characteristics of Effective Learning?

- **Playing & Exploring** – engagement
- **Active Learning** – motivation
- **Creating & Thinking Critically** -
thinking



What excellent practice do we take from Reception to Year 1?

- Seeing children as unique learners
- Fostering independence
- Problem solving
- PSHE is a high priority
- Using the outdoors as part of the learning environment
- Children learning through play



What does this look like?

Continuous Provision





* Outdoor learning



* Opportunities for children to be self directed and independent

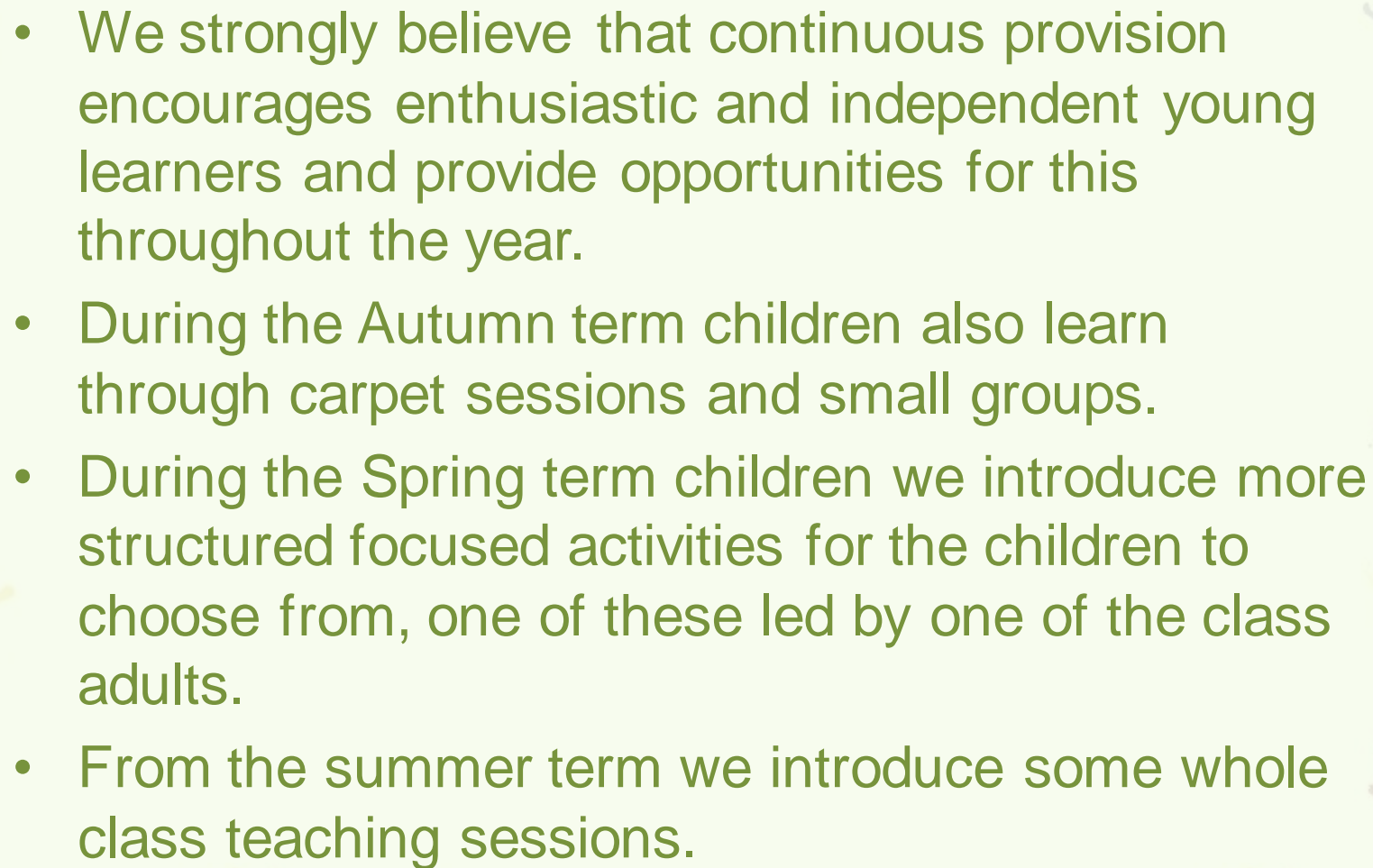


* Hands on, investigative learning



* Individual, group or whole class learning



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- We strongly believe that continuous provision encourages enthusiastic and independent young learners and provide opportunities for this throughout the year.
 - During the Autumn term children also learn through carpet sessions and small groups.
 - During the Spring term children we introduce more structured focused activities for the children to choose from, one of these led by one of the class adults.
 - From the summer term we introduce some whole class teaching sessions.



What Do They Learn?

English

Maths

Science

Geography

History

French

PE

RE

PSHE

RSE

Music

Art

DT



More about the Year 1 Curriculum

- All our National Curriculum subjects are organised within the 6 curriculum areas:
- English
- Maths
- Understanding of the World
- Communication and Language
- Expressive Arts
- Mental and Physical Well Being

More information can be found out on the Kilmore school website [here](#)



At Kilmorie we
celebrate these
qualities:

Kilmorie Qualities



Phonics

- Phonics is taught daily for 20 minutes.
- We start by consolidating Phase 2 & 3 & 4.
- The main emphasis in Year 1 is learning the alternative graphemes/spellings in Phase 5.
- We will be ran a phonics workshop on 20th October where parents found out more about our new phonics scheme 'Little Wandle'.
- There is a presentation on the website should you want to know more.



Zones of Regulation



BLUE ZONE

Sad
Tired
Sick
Bored
Moving Slowly



GREEN ZONE

Happy
Calm
Feeling Ok
Focused
Confident
Ready to Learn



YELLOW ZONE

Frustrated
Worried
Excited
Silly
Loss of some Control



RED ZONE

Angry
Shouting
Scared
Mean
Over Excited/Hyper
Punching/Hitting/Kicking
Out of Control



Reading

The most important thing you can do is to listen to your child read every day.

At this age children need to re-read their book many times to become familiar with tricky words and to build confidence and fluency.

It's important to set aside a time every day to sit and listen to your child read when they are not tired or distracted by screens.

*Remember children also need and love a bedtime story so please ensure that this is part of your evening routine.

Writing

- Practising our story telling helps us with our writing.



Maths

- In Year 1 there is an emphasis on children having a deep understanding of number within 10 then 20.
- At home to support your child you can:
- Play board games- build children's confidence with number recognition and counting, simple addition and subtraction with objects, looking at numbers in the environment, cooking- allows children to explore measurement time, number.



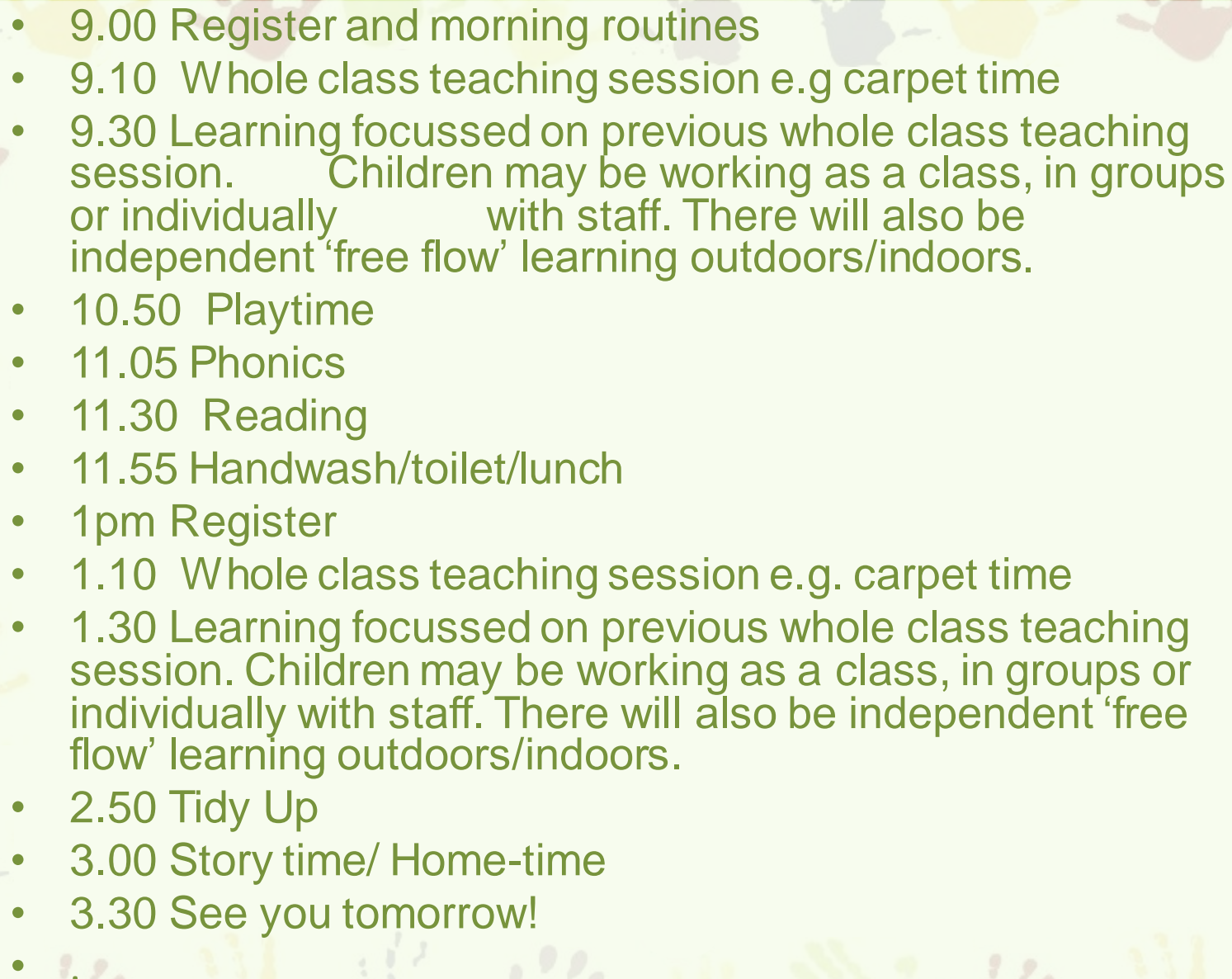
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What are the expectations of children at the end of Year 1?

- At the end of Year 1 most children are expected to be working comfortably within the National Primary Curriculum Y1 programme of study.
- Occasionally a child may be working below this expectation and some children will be exceeding this expectation.



So, What Does A Day
In Year 1 Look Like?

- 
- 9.00 Register and morning routines
 - 9.10 Whole class teaching session e.g carpet time
 - 9.30 Learning focussed on previous whole class teaching session. Children may be working as a class, in groups or individually with staff. There will also be independent 'free flow' learning outdoors/indoors.
 - 10.50 Playtime
 - 11.05 Phonics
 - 11.30 Reading
 - 11.55 Handwash/toilet/lunch
 - 1pm Register
 - 1.10 Whole class teaching session e.g. carpet time
 - 1.30 Learning focussed on previous whole class teaching session. Children may be working as a class, in groups or individually with staff. There will also be independent 'free flow' learning outdoors/indoors.
 - 2.50 Tidy Up
 - 3.00 Story time/ Home-time
 - 3.30 See you tomorrow!
 - .



Some days may include...

- **PE** – children need to wear trainers on their outside PE day and for their inside PE they will be in bare feet.
- After half term please make sure your child brings in a **named** PE kit on these days (shorts, t-shirt, jogging bottoms/leggings, trainers/ plimsolls). No jewellery to be worn:

Ladybirds- Isla:

Indoor- Tuesday Outdoor: Wednesday

Treefrogs- Rhiannon-

Indoor – Tuesday Outdoor – Monday

Butterflies, Naomi :

Indoor – Tuesday Outdoor – Friday

Each week the children will have a specialist taught 30 minute slot of

Music

They will also have a short Singing Assembly(weekly) and a Celebration Assembly (every other week)



Forest Skills

- We'll be spending some time each week in the wild garden come rain or shine! So please send your child in wearing trainers for these sessions. There are some wellies in school for children to use in wet weather.
- Your child/children's Forest Skills day is:
 - **Treefrogs** -Rhiannon – Thursday
 - **Ladybirds** - Isla- Friday
 - **Butterflies** –Naomi - Monday



Outdoor Learning

Outdoor learning has a positive impact on children's physical and emotional development. Children can:

- get muddy, climb, have fresh air
- read quietly in the reading hut
- observe the pond life and plants growing
- construct with large and small materials
- large scale mark making and drawing

Outdoor learning



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Where Can You Find Out More?

- Visit the Year 1 Group website page [here](#) where you can find all sorts of information including:
 - Weekly learning letter
 - Half termly learning overview
 - Handwriting scheme

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What can I do to help my child?

- **Read with your child every day!**
- Keep it comfortable, happy and stress free. If your child is struggling, sound out the word for them. If they take a long time to read, take it in turns to read a page. Talk about the story and discuss the pictures.

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More ways to help your child...

- Talk to your child about their learning.
- Take them to the library to find a book about the subject.
- Take them to a museum or gallery where they might be able to find out more.
- Research the subject/topic together.



Parent Contribution

- Voluntary Donations
- We are setting up a system on parent pay so that you can donate a small sum of money for each half term to help us to buy ingredients for play dough, cooking, and other consumables .
- We suggest a donation of £3.50 per half term.

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Parent/Carer Volunteers

- Please do think about helping in the school
- The application is found on the website



Any Questions?