

LEWISHAM FOODBANK

*Harvest Appeal
2021*

DONATE MONEY

We are grateful for any financial donations, however small, so we can buy items we are short of, and help cover our overheads.

<https://lewisham.foodbank.org.uk/give-help/donate-money/>

DONATE FOOD

Can you help by donating an item or two from our shopping list below to ensure we can provide food to help people in crisis?

Please bring donations to
Hope Centre, 118 Malham Road SE23 1AN
Monday - Friday 9 am - 3 pm.

We currently need:

FOOD ITEMS

- tinned fruit
- tinned veg
- tinned tomatoes
- tinned meat
- rice (500g bags)
- fruit juice
- UHT milk (blue/green)
- non-dairy UHT milk
- pasta sauce
- pasta

NON-FOOD ITEMS

- shower gel
- shampoo
- laundry tablets
- loo roll
- deodorant

Thank you

www.lewisham.foodbank.org.uk
charity no 1103431

