



Dear Parents and Carers,

In **this week's assembly** we looked at how global awareness has shaped our world and why it is important. We went back 100 years and read the story of how one person in Nepal and a group of British soldiers shaped the relationship between the two countries, that still stands today through the Gurkha Welfare Trust. This led us to look at how important it is to understand how our actions can have a positive impact across the globe.

Positive Cases in school. As we continue to try and provide as normal as possible education for the children, it is important to note that education settings are no longer contact tracing. We will however, notify you if there is either a confirmed case or several confirmed cases, but are unable to give any further details. NHS Test and Trace will undertake contact tracing and will be the ones contacting you to inform you that your child has been identified as a close contact.

If your child is identified as a close contact by NHS Test and Trace, your child should test daily on LFD tests for 7 days and continue to attend school if they test negative.

I am also including the government guidance of the **Changes to the self-isolation period for those who test positive for COVID-19:**

From Monday 17 January, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or child-care setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be [reported to NHS Test and Trace](#).

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10-day period of self-isolation.

Outbreak management plan (OMP): If a class has several confirmed cases of Covid, we implement our OMP. This means we implement the following:

- An increased cleaning regime will be put in place at set intervals during the day
- Children will be monitored to wash their hands at specified times during the day
- The class will not attend assemblies but access them remotely
- Any cross class learning such as phonics or maths groups will cease until the outbreak has passed
- All staff and parents connected to the class will be notified

Parent Workshops: On Tuesday this week we ran two dyslexia information sessions for parents. These were led by Theresa Kelly, Lead Teacher for the Lewisham SpLD/ Dyslexia Team. The sessions explored what dyslexia is, how children are supported in the classroom and how parents can support their child at home. We do hope that those who attended found the sessions useful. We are looking into the possibility of having more and are currently looking into scheduling a parent workshop around how to keep children safe in the online world we live in. Please can you let us know [here](#) whether or not this is something that would be of interest to you.

Parental voice: To enable us to effectively grow and evolve as a school, the voice of the whole school community is essential in helping us review and plan. Over the coming term I will be sending out not only questions within the newsletter but also a full parent survey. It is vital we have a good response to be able to get a clear picture, I will of course, be sharing the outcomes and forthcoming actions as a result of the survey, with you all.

Thank you for your continued support during this rather unsettled time.
Wishing all our families a lovely weekend.
Julie

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ATTENDANCE AND PUNCTUALITY

3.9.21-14.1.22

 Class	Attendance %	Punctuality %
Y1 Butterflies	93.12	99.40
Y1 Ladybirds	96.00	99.86
Y1 Treefrogs	93.12	99.61
Y2 Elis	96.20	99.74
Y2 Sarah C	93.24	99.45
Y2 Alan	96.24	99.47
Y3 Sarah & Fiona	95.51	99.98 
Y3 Shona	95.41	99.47
Y3 Josh	93.61	99.72
Y4 Kate M	95.13	99.48
Y4 Shipra	95.68	99.80
Y4 Heidi	95.29	99.67
Y5 Maria	95.29	99.95
Y5 Conor	93.48	99.04
Y5 Dominic	95.67	99.91
Y6 Sarah R	94.58	99.69
Y6 Martha/Nora	92.80	99.70
Y6 Jo	93.11	99.89

KEEPING KILMORIE CHILDREN SAFE

If you are worried about a child's welfare and would like to talk to someone about it please contact us via:

safeguarding@kilmorie.lewisham.sch.uk

Don't forget... Enrichment clubs will start from Monday 17th January and due to the earlier school-day finish time of 3.25pm, pick up from after school clubs is now at 4.25pm.

THE NEXT CLASS ASSEMBLY will be Dominic's class on Friday **28th January** at 9.20-9.40am approximately. We will be inviting parents to attend which will be done by an online link, that will be sent out ahead of the assembly. Please look out for this as you will not be able to attend without prior **registration**. We ask that only one parent attends who must wear a mask unless medically exempt.

CLASS ASSEMBLY REVISED DATES Please note change of dates for the following classes:

Ladybirds Class Friday 11th February

Alan's Class Friday 11th March

Can you help? FOK are looking for a parent volunteer who would be willing to carry out an independent examination of their 2020/21 financial accounts. The examiner needs to have relevant skills and experience but doesn't need to be a professional accountant. Knowledge of the charity sector would be useful. If you think you can help or want to know more, please get in touch with FOK at:

friendsofkilmorie@hotmail.co.uk

CELEBRATION ASSEMBLY STARS 13.1.22

Sarah Y2: Sia, Isaac W, Noah and Welcome to Habib

Shona Y3: Dean, David and Welcome to Betty

Sophie Y1: Arthur, Rowan, Evelyn and Artie

Sarah Y6: James, Mohan and Ottilie

SLEEP ISSUES

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues.

Sleep problems can leave people feeling isolated and lonely. There is a free helpline run by trained sleep advisors, many of who are specialists in working with SEND. They can talk to young people directly, or parents (they can also talk to adults, including older people) about their sleep issues. The helpline is open 5 nights a week, Sunday to Thursday, 7.00pm to 9.00pm and the number is 03303 530 541. You can read more [here](#).

PACKED LUNCHES

Kilmorie encourages healthy eating. For those children having a packed lunch at school, please can parents ensure their child has either a sandwich, wrap, pasta, rice or similar healthy food items. You could also include finger foods such as cucumber, carrots or fruit. Please be mindful we are a sugar smart school.